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Birthday Party

Book your party at one of our "fun-tastic" locations!



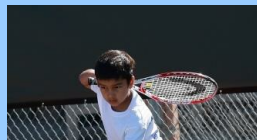
For more information go to
www.fremont.gov

Why Should Children Play Sports?



Participation in sports is beneficial for children and research has found that participating in sports can have a healthy developmental impact on young children. Sports, whether team-based or individual, are a great activity for children that provide a variety of benefits other than physical activity. Participation in sports can help build self-esteem and confidence, can motivate children to excel academically and can help build social skills. Plus, through positive feedback, group play builds self-esteem, helping your child realize that they are capable of accomplishing significant achievements.

Fremont Recreation offers a variety of sports programs at an introductory non-competitive level, in an effort to foster the love of sports in young children. From Jump Start Basketball to Kick-off Soccer, with Parent and Child Adventures, T-Ball and our Fremont Tennis Academy, we've got you covered. Or if you're still not exactly sure



California Nursery Public Meeting



Visit [page](#) for details

Downtown on the Rise Demolition Celebration

We've got you covered. If you're still not exactly sure what sport your child may be interested in, we've got Rookie Sports and Games, which is an introduction to multiple sports activities.



For more information about:

Tot Sports: contact Joe at (510) 494-4334 or jbenjamin@fremont.gov

Tot Tennis: contact Nigel at (510) 790-5510 or npugh@fremont.gov

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Tot Sports: click on "Sports - Other" in the left column.

Tennis: click on "Tennis" in the left column.

Fall Into Dance



Fremont Dance is packed with fun and excitement for the whole family this Fall! Available for dancers of all ages, interests, abilities and background, we offer classes in Ballet, Tap, Jazz, Hip Hop, Ballroom, Hula, Bollywood, Belly and Zumba. We provide quality, affordable dance training for children and adults in a supportive environment. Through our wide variety of classes, we are able

to serve toddlers to seniors, novices to professionals, and everything in between.

Our classes are perfect for your little ones as they learn the dance basics in a fun, flexible and creative environment. The Fall Dance Programs run September through December, with our perennial favorites Dancing Darlings, Princess Storybook, Absolutely Ballet, Creative Jazz Combo, and Twinkle Toes. Many of these classes will be performing at our Annual Dance Recital in May.



For parents/adults, we also have another NEW offering with "Bombay Jam Fitness".

Powered by the explosively fun, globally appealing Bollywood culture, Bombay Jam is the ultimate dance fitness total body workout that is effective, safe, and easy to follow and packed with authentic Bollywood flavor! You will be hooked on this incredible dance fitness workout.



For more information about the Dance Program, contact Debra at (510) 791-4351 or dcrenshaw@fremont.gov

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Click on "Dance" in the left column.

Join us!



Demolition Celebration
Tuesday, Sept. 9th @ 9 am
39138 Fremont Blvd.

Come watch the demolition of a three story building to make way for the extension of Capitol Avenue to Fremont Boulevard!



Parking will be available behind the building via Capitol Ave

[Click image for details](#)

Hiring for Dance Instructors

Recruiting for Experienced Dance Instructors

Tap & Ballet, Hip Hop, Jazz & Broadway, Musical Theater

The Fremont Dance Program has been in existence for 51 years! Come and join our team for the fall season. All classes begin the week of September 12th and continue through December.

Classes are offered year-round. All dance instructors should be able to:

- Create choreography
- Manage music and costumes for recital performances
- Communicate effectively with parents, participants and co-workers

Interview process includes dance audition. All applicants must be fingerprinted and have a valid proof of a 16 certificate.

Do you have a passion for dance? Are you interested in sharing the world of dance with fun and profit? Consider applying for a part-time dance instructor with the City of Fremont Community Services - Recreation Division. Download an application at: www.fremont.gov Questions? Please call Debra or Marissa @ (510) 791-4351 / e-mail mlingeb@fremont.gov

www.fremont.gov
www.fremont.gov

Fremont

Must be 18 years or older

Instructors must have at least one year of training/experience in specific dance categories. Classes include:

- Creative Dance
- Musical Storybook
- Disney Ballet & Tap/Taper
- Hip Hop Ballet
- Jazz-Hip Hop Dance Fusion
- Jazz and Broadway Dance Combo

You may view class descriptions at www.fremont.gov

[Click image for details](#)

Exhibition at Olive Hyde Art Gallery



Olive Hyde Art Gallery

Hidden Treasures / Local Talent 2014

September 12 - October 11

Hidden Treasures / Local Talent 2014
September 12 - October 11

[Olive Hyde Art Guild](#)
(510) 791-4357

Music & Movement

Today we know more about how children learn and grow than ever before. Today we have data to confirm our hunch that "Music is vital to life." According to Judi Bosco, Board Certified Music Therapist; "Through music, children take an inner experience and move it into a shared creative experience. Children learn about themselves and others by playing music together and by listening to each other - tapping into hidden courage that can be played out by singing together or discovering the inner resources to listen quietly to another child's playing." The professional journal, *Early Childhood Connections*, also highlights the importance of music and movement in early childhood development:



- Music is a language, and children are oriented toward learning language.
- Music evokes movement, and children delight in and require movement for their development and growth.
- Music engages the brain while stimulating neural pathways associated with such higher forms of intelligence as abstract thinking, empathy, and mathematics.
- Developmentally appropriate music activities involve the whole child-the child's desire for language, the body's urge to move, the brain's attention to patterns, the ear's lead in initiating communication, the voice's response to sounds, as well as the eye-hand coordination associated with playing musical instruments.
- Music is a social activity which involves family and community participation.



Our children's music programs incorporate the most current research in early childhood development and provide families a special place for learning and connecting with other parents and babies through music and movement. With music for children beginning as early as 9 months, the Fremont Recreation Services Division offers several different options to meet your family's needs, such as; Kindermusik with "Our Time" (Parent/Child) and "Kindermusik Village", Little Panda

Chinese Music, and the Melody Academy of Music with "Todd-o-Piano" and "Piano for Beginners." So get movin' and groovin' today!

For more information about the Music Program, contact Irene at (510) 494-4322 or ijordahl@fremont.gov

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Click on "Music" in the left column.

Tiny Tots - Head Starts!

From economics to neuroscience, education to public policy, a vast body of research demonstrates that early education matters. Early childhood provides a window of opportunity to dramatically shape a child's brain when it is rapidly developing. In early childhood, children develop the linguistic, cognitive,



NEW! "Ramleela Dance & Drama Workshop for Diwali" Ages 7-12



Prepare participants for the occasion of Diwala and Dussehra being celebrated all across India.

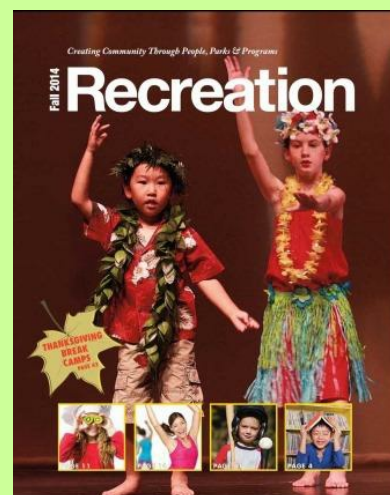
A performance of this mythological play will be staged on the last day of class.

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Barcode #215514

2014 Fall Recreation Guide

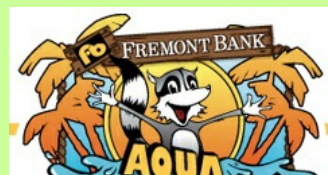


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or Contact us at (510) 494-4300 or email RegeRec@fremont.gov

Catch the Summer Fun before the season ends



social and emotional building blocks for later development. By the time they enter kindergarten, studies in several states show that children who attend preschool are already ahead in early reading and math skills.



Start your child off on the right foot with one of our Parent & Child, Enrichment, Pre-K, Phonics, Math, Science, and Writing Readiness classes. There are several locations throughout Fremont including, Warm Springs, Irvington, Centerville, Los Cerritos, and Niles. Our programs are designed to introduce and prepare your child for their first years of school, whether they are infants, toddlers, or even Pre-K students.

Pre-K

Our Pre-K classes (ages 4-5) incorporate kindergarten readiness skills by exposing the student to phonics, pre-writing, science, and math concepts. Along with songs and story telling your child will enjoy a well-balanced program. Bring a snack to all classes. Parents do not participate in this class. Children must be toilet trained. Children must have turned 4 years old by September 1, 2014 for Pre-K class for the Fall Session. Proof of age is required.

Pre-K Literacy

Our Pre-K literacy (ages 3 ½ to 5) class has similar elements to our popular Tiny Tots Pre-K classes, with an emphasis on reading readiness and literacy development. Children will develop literacy skills and readiness through children's literature, sequencing, storytelling and artistic expression, music and more. *Children must have turned 4 years old by September 1st, 2014 for Pre-K Literacy class for the Fall Session. Proof of age is required.



For more information about the Tiny Tots Program, contact Katie at (510) 494-4349 or kfox@fremont.gov

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Click on "Tiny Tot" in the left column.



Aqua Adventure
Open on weekends
'till September 28

GoAquaAdventure.com

Connect with Fremont Aqua Adventure:



**Date Night for Parents...
Murder Mystery Dinners
Clara's Garden Affair**



Saturday, September 13
5:30 p.m. - 8:00 p.m.
@ The Patterson House
(510) 791-4196

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Barcode #212580

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City of Fremont Parks & Recreation
Registration Ofc M-F 8:30a-5p (510) 494-4300
3300 Capitol Ave, Bldg B
Fremont, California 94538
US

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